



DERMALINE

A NEWSLETTER FOR UPDATES IN THE FIELD
OF DERMATOLOGY



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EDITOR'S WORD

Dear Readers,

It is with great excitement that we bring you the second edition of our dermatology newsletter Dermaline! The inaugural issue was launched by the dermatology Department of Fatima Jinnah Medical University/ Sir Ganga Ram Hospital. Now, the publication is continued by the Dermatology Department Unit 2 of Allama Iqbal Medical College/Jinnah Hospital, Lahore. We are committed to work for the community suffering from various dermatological problems and deliver the latest advancements, expert insights, and practical updates in the ever-evolving field of dermatology.

In this edition, we have shared the achievements of our department which has emerged as a fully equipped and accredited teaching unit in less than one and a half year. We are proud of our ever dedicated team members including our young post graduate residents and house officers who are always ready to take initiative in research and emerging health care . We aim to keep you informed and inspired and also value your feedback and contributions—your insights and experiences will help us make this newsletter a true reflection of our vibrant dermatology community. If there are topics you'd like us to explore or ideas you wish to share, we would love to hear from you.

Prof Nadia Ali Azfar

Editor, Dermaline

Academic Activity

Since July 2023, Derma Unit 2 has been established as a teaching unit. We have been conducting regular academic sessions, including clinical slide sessions and histopathology slide sessions. Journal club discussion on recent advances in treatment of dermatological disease, TOACS, long and short cases.



Department patient turnover

Dermatology Unit 2 Jinnah Hospital has served **17298** patients in outdoor. Multiple minor surgical procedures were also done in our theatre. We appreciate our paramedical staff for serving our patients.



Recent Research

Some of the recent publications of Derma Unit 2 JHL

How to cite:

- Shamim H, Saeed U, Kashif F, Lateef S, Jahangir M, Ali Azfar N. Prolidase Deficiency, A Rare Case Report. Esculapio - JSIMS [Internet]. 2024 Oct. 23 [cited 2025 Mar. 3];20(3). Available from: <https://esculapio.pk/journal/index.php/journal-files/article/view/1090>
- Shamim H, Mehwish Jahangir, Usman Saeed, Sanam Rafiq, Nadia Ali Azfar. Kindler Syndrome with Bleeding Gums and Bleeding Per Rectum: A Case Report. Esculapio - JSIMS [Internet]. 2025 Jan. 28 [cited 2025 Mar. 3];20(4):616-9. Available from: <https://esculapio.pk/journal/index.php/journal-files/article/view/1113>
- agha M, Dr Humaira Shamim, Dr Shazia Agha, Dr Asad Ullah, Fatima Haroon. Congenital Erythropoietic Porphyria: A Comprehensive Case Report and Review of Management Strategies. Esculapio - JSIMS [Internet]. 2025 Jan. 28 [cited 2025 Mar. 3];20(4):612-5. Available from: <https://esculapio.pk/journal/index.php/journal-files/article/view/1254>
- Azfar NA, Wasfa Hayat, Haseeb Ahmad, Mehwish Jahangir, Humaira Shamim. Role of Apremilast in Paediatric Patients. Journal of Paediatric Skin Diseases-JPSP. January-June 2025, Volume 01, Issue 01

Quiz for PG Residents

A 10yrs old girl presented to out patient department with a well demarcated hemi lateral light brown patch on her trunk extending on front and back as well with scattered multiple darker macules scattered within it. Based on the image below, what is the most likely diagnosis?

- a) Café -au-lait Spot
- b) Becker's Nevus
- c) Nevus Spilus
- d) segmental Lentiginosis





Announcement of follow up clinics

Dermatology Unit 2 Jinnah Hospital Lahore is pleased to announce the following follow-up outpatients clinic:

Tuesday **Pemphigus clinics**



Thursday **Psoriasis clinics**



Dermatology is one of the largest outpatient specialities, with dermatological disorders having the fourth biggest global disease burden. Most of such disorders have cumulative life course impairment, which refers to the non-reversible burden of a chronic skin disease over time. This may lead to physical and psychosocial damage. The follow-up clinics would be helpful to address said damage on a regular basis.

SCABIES AWARENESS

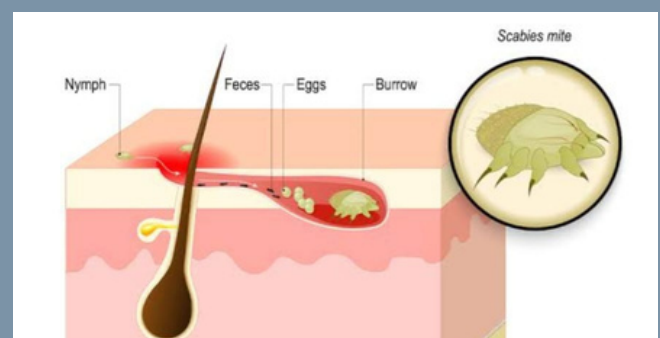
Scabies: What You Need to Know

Scabies is a skin problem caused by tiny mites that burrow into your skin, causing itchy red bumps. It's highly contagious and spreads through close contact or shared items like towels.



Treating it is simple with medicated creams, but everyone who's been in close contact should also get treated. Don't forget to wash everything in hot water to stop the mites from coming back!

Keep your skin happy: avoid close contact with someone infected, and stay on top of hygiene! If itching continues, check in with your doctor



PAST EVENTS



PADCON 2024 was organised by Dermatology department, Jinnah Hospital Lahore. It was a dynamic conference for dermatologists, featuring expert talks, workshops, and panel discussions on the latest in skin care. Attendees explored new products at exhibitions and enjoyed networking opportunities. The event also included a gala dinner for relaxation and a cultural event with local music and dance, creating a fun and memorable experience alongside professional growth.



Achievements and honours

Appointment

- SR seat was created in Derma Unit 2.
- Dr. Wasifa Hayat joined as SR on November 14, 2024.

Academia

- Accreditation of Dermatology Unit 2 on June 6, 2024 by CPSP for post-graduate trainees.
- Following equipments has been acquired for FCPS MD MCPS trainees
- Teaching microscope
- Cautery machine.
- Cryogun
- Centrifuge machine

Congratulations to Dermatology Department Unit 2 Jinnah Hospital Lahore, on establishing a fully equipped, state of the department.



WORKSHOPS

- Derma Unit-2 successfully conducted workshops on artificial intelligence, equipping postgraduate trainees and doctors with cutting-edge tools and expertise.



- Derma Unit-2 successfully conducted a histopathology workshop of Basics of Histopathology for 1st year residents of FCPS/MD/MSPS, expertly facilitated by **Prof. Muhammad Jahangir**



ACADEMICS

We are deeply committed to delivering engaging academic classes on a daily basis



Journal of pediatric skin diseases

Another significant achievement for the Department of Dermatology at AIMC/JHL is the inauguration of the Journal of Paediatric Dermatology. We are proud to announce that Prof. Lamees Mahmood Malik will serve as the Editor, with Prof. Nadia Ali Azfar taking on the role of Associate Editor. This marks a major milestone for our department, and we are excited to see the positive impact it will have on advancing the field of paediatric dermatology.



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